

[Campylobacter](#)

<b>Sources</b>	Unpasteurized (raw) milk, chicken, shellfish, turkey, contaminated water.
<b>Incubation period</b>	2 to 5 days
<b>Symptoms</b>	Diarrhea, cramps, fever, and vomiting; diarrhea may be bloody.
<b>Duration of illness</b>	About one week
<b>What to do</b>	<p>Drink plenty of fluids and get rest. If you cannot drink enough fluids to prevent dehydration or if your symptoms are severe, call your doctor.</p> <p>Antibiotics are recommended only for patients who are very ill or are more likely to develop a serious illness, such as people with weakened immune systems.</p>
<b>Prevention</b>	<ul style="list-style-type: none"><li>• Drink pasteurized milk. Do not drink raw milk.</li><li>• Do not drink untreated water.</li></ul>

Date Last Reviewed November 15, 2024